

## Injury & Violence Prevention Program

# Suicide Injuries in Los Angeles County

In 2009, suicides outnumbered homicides in Los Angeles County for the first time in decades and unfortunately this trend has continued in 2010.

- During 2010 there were:
  - 793 suicide deaths
  - 4,641 non-fatal suicide attempt hospitalizations
  - 5,482 treated-and-released suicide attempt emergency department (ED) visits
- Most suicides were caused by suffocation/hanging (37%), followed closely by firearm (35%). This is the first year (in the data available, 1989–2010) in which firearm was not the leading cause of suicide death in LAC.
- The vast majority of suicide attempts requiring hospitalization and ED visits were caused by poisoning, 71%.
- Suicide deaths were more common among males, but hospitalizations and ED visits for suicide attempts were more common among females.
- Suicide death rates were highest among middle aged, White, males, while hospitalization and ED rates were highest among females and adolescents and young adults.
- The age groups most at risk varied by severity:
  - Suicide death rates were highest among 55-64, 45-54 and 65+ year olds
  - Suicide attempt hospitalization rates peaked among 15-19, 20-24 and 25-29 year olds
  - Suicide attempts ED visits peaked among 15-19, 20-24 and 25-29 year olds

### Suicide Prevention Resources

National Suicide Prevention Lifeline - [www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org) 24/Hour 800-273-TALK (8255)

Centers for Disease Control and Prevention – website includes many reports on the topic, along with data and prevention tips, [www.cdc.gov/violenceprevention/suicide/](http://www.cdc.gov/violenceprevention/suicide/)

Los Angeles County Department of Mental Health - [www.dmh.lacounty.gov](http://www.dmh.lacounty.gov) 800-854-7771 24/Hour (Bilingual)

Los Angeles County Human Services Hotline - [www.211losangeles.org](http://www.211losangeles.org) Dial “211” 24/Hour (Bilingual)

Didi Hirsch – Suicide Prevention Center and Hotline <http://www.didihirsch.org> 877-7-CRISIS or 877-727-4747

Teen Line - [www.teenlineonline.org](http://www.teenlineonline.org) 800-TLC-TEEN (852-8336)

Suicide Prevention for Schools - <http://preventsuicide.lacoe.edu>

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